



# Selected Papers of William L. White

[www.williamwhitepapers.com](http://www.williamwhitepapers.com)

Collected papers, interviews, video presentations, photos, and archival documents on the history of addiction treatment and recovery in America.

**Citation:** White, W. (2009). School-based recovery programs. Posted at [www.williamwhitepapers.com](http://www.williamwhitepapers.com)

## Education-Based Recovery Programs

### William L. White

Emeritus Senior Research Consultant  
Chestnut Health Systems  
[bwhite@chestnut.org](mailto:bwhite@chestnut.org)

Probation officers may encounter individuals who wish to resume or initiate high school or college education but have concerns about the effect this decision could have on their recovery. Recovery-based educational programs have been established at both high school and collegiate levels over the past three decades.

The collegiate recovery school movement began with the development of school-based recovery support services at Brown University (1977) and Rutgers University (1983) and evolved into more fully developed recovery communities at Texas Tech University (Center for the Study of Addictions)(1986) and Augsburg College (StepUP Program)(1997). In the past five years, additional collegiate recovery programs have been organized at Dana College (2001), Grand Valley State University (2002), Case Western Reserve University (2004), University of Texas at Austin (2004), and Loyola College in Maryland (2004). Early pioneers in the collegiate recovery school movement included Bruce Donovan (Brown), Lisa Laitman (Rutgers), Carl Anderson (Texas Tech) and Don Warren (Augsburg College).

A second thread in the rise of recovery schools was the development of recovery support services for high school students and then the development of high schools exclusively for students in recovery. The first wave of recovery high schools opened between 1987 and 1998. These schools were truly experimental in nature, with the goal of “sober schooling” but no existing blueprints to guide them. Ecole Nouvelle (now Sobriety High) in Minnesota was established in 1986 and opened in a community center with four students and one teacher in 1987. Other early recovery high schools included several Minnesota schools: PEASE (Peers Enjoying a Sober Education) Academy (1989), the Gateway Program (1992), the Arona Campus (now Arona Academy) (1995), YES (Youth Education Sobriety) (1997, now closed), ExCEL Sober School (1998, now closed), and the Aateshing Program (1998). Early programs outside Minnesota included Unity High School in Phoenix, AZ (1992, now closed), Recovery High School in Albuquerque, NM (1992, now closed), Phoenix Academy in San Mateo, CA (1992), Thoreau High School in Woodland Hills, CA (1996), Oasis Academy (now

Community High School) in Nashville, TN (1997), Santa Rosa (CA) Clean & Sober High School (1998), and the Summit School in Spokane, WA (1998, now closed).

Recovery schools combine academic studies with a variety of on-campus recovery support services. Recovery schools constitute a viable referral resource for clients who are seeking an educational setting that will also be supportive of their long-term recovery process. On the following pages are two directories, one listing recovery high schools in the US and the other listing the collegiate recovery programs.

**Reference**

White, W. & Finch, A. (2006). The recovery school movement: Its history and future. *Counselor*, 7(2), 54-58.

**Recovery High Schools**

School	Address	Contact	Web Site
Archway Academy	6221 Main Street Houston, TX 77030	Jim Williams 713-529-6196 Ext 134	<a href="http://archwayacademy.org">archwayacademy.org</a>
Community High School	145 Thompson Lane Nashville, TN 37211	Erin Daunic 615-248-8206	<a href="http://communityhighschool.com">communityhighschool.com</a>
Lakes Recovery School	702 Lake Ave Detroit Lakes, MN 56501	Lisa Weber 218-844-5687	
Insight Program	2449 Orchard Lane White Bear Lake, MN 55110	Traci Bowermaster 651-773-6414	<a href="http://www.whitebear.k12.mn.us/alc/Insight/indexinsight.htm">www.whitebear.k12.mn.us/alc/Insight/indexinsight.htm</a>
Recovery Pathway	13570 Lake Blvd Lindstrom MN 55045	Vonnie Vayder 612-213-2071	

Recovery School of Southern MN	1225 Lincoln Ave South Owatonna, MN 55060	Ian Kleeberger	
Serenity High	2100 White Ave McKinney TX 75069	Julia Ferraro 469-742-7830	<a href="http://serenityhigh.org">serenityhigh.org</a>
Sobriety High School (Alliance Academy)	12156 Nicolet Ave South Burnsville MN 55337	Mary Breitenbucher 952-277-0809	<a href="http://www.sobrietyhigh.org">www.sobrietyhigh.org</a>
Sobriety High School (Arona Academy)	9237 E. River Rd NW Coon Rapids, MN 55433	Mary Popelka 763-398-4198	<a href="http://www.sobrietyhigh.org">www.sobrietyhigh.org</a>
Sobriety High School (Libre Academy)	135 Sibley Ave Litchfield, MN 55355	Dave Schlack 320-593-1709	<a href="http://www.sobrietyhigh.org">www.sobrietyhigh.org</a>
Sobriety High School (North Summit Academy)	2055 White Bear Ave Maplewood, MN 55109	Kellie Lund 651-748-5256	<a href="http://www.sobrietyhigh.org">www.sobrietyhigh.org</a>
Sobriety High School (West Academy)	5250 W. 73 <sup>rd</sup> St. Edina, MN 55439	Judi Hanson 952-831-7138	<a href="http://www.sobrietyhigh.org">www.sobrietyhigh.org</a>
Solace Academy	309 Lake Hazeltine Dr. Chaska, MN 55318	Heather Bantle 952-368-8857	<a href="http://www.cseced.org">www.cseced.org</a>
Summit High School	PO Box 6307 Santa Barbara, CA 96160-6307	Mark Leufkins 805-450-6811	

Winfree Academy Charter School	1661 Gateway Blvd Richardson, TX 75080	Chuck Jaecks 972-234-9855	<a href="http://www.winfreeacademy.com">www.winfreeacademy.com</a>
--------------------------------	---	------------------------------	--

### College and University Recovery Programs

School	Address	Contact	Web Site
Alcohol & Other Drug Assistance Program, Rutgers University	Hurtado Health Center 11 Bishop Place Rutgers University New Brunswick, NJ 08901	Lisa Laitman  732-932-7976	<a href="http://health.rutgers.edu/brochures/adaps.htm">http://health.rutgers.edu/brochures/adaps.htm</a>
Alert Labs  Grand Valley State University	GVA Oakland/Liberty House, Apartment #4, 10328 42nd Avenue, Allendale, MI 49401-9401	Nancy Harper  616-331-2537	<a href="http://www.gvsu.edu/alert">www.gvsu.edu/alert</a>
Case Western Reserve University	10900 Euclid Ave., 201 Sears Building  Cleveland, OH 44106-7046	Jes Sellers  216-368-5872	

Center for Students in Recovery University of Colorado Boulder	119 UCB, Boulder, CO 80309-0119	Jack Levino  303-735-4603	<a href="http://www.colorado.edu/healthcenter/recoverycenter/">www.colorado.edu/healthcenter/recoverycenter/</a>
Center for the Study of Addiction	Texas Tech University P.O. Box 41162 Lubbock, TX 79409-1162	Kitty Harris  806-742-2891	<a href="http://www.hs.ttu.edu/CSA/history.htm">http://www.hs.ttu.edu/CSA/history.htm</a>
Focus Program, Dana College	Dana College, Blair, Nebraska 68008	David Hoppe  402-426-7343	
Loyola College Alcohol and Drug Education and Support Services	4501 N. Charles Street, Selton Ct. 02B, Baltimore, MD 21210	Jan Edward Williams  410-617-2928	<a href="http://www.loyola.edu/campuslife/healthservices/adess/index.html">http://www.loyola.edu/campuslife/healthservices/adess/index.html</a>
StepUP Program, Augsburg College	2211 Riverside Ave. #82 Minneapolis, MN 55454	Patrice Salmeri  612-330-1409	<a href="http://www.augsburg.edu/stepup/index.html">http://www.augsburg.edu/stepup/index.html</a>
University of Texas at Austin	PO Box 7339, Austin, TX 78713	Laura Jones-Swann	

		512-475-8352	
Washington State University	PO Box 6410, Pullman, WA 99164	Gerald Pastore 509-335-0325	